ONE SEASON HIGHLIGHTS

JAN	EVALUATIONS	• 2 SESSIONS INCLUDED
FEB & MAR	PRESEASON	• 2 SESSIONS/WEEK • POTENTIAL FRIENDLY OPPORTUNITIES
APR - JUNE & AUG - NOV	COMPETITIVE SEASON	• WEEKDAY TRAINING & WEEKEND GAMES (NO LONG WEEKENDS) • 21-24 GAME PERIODIZED CALENDAR (4 INDOOR, 8 OUTDOOR, BREAK, 8 OUTDOOR, 4 INDOOR) • REFEREES • AGE GROUP SPECIFIC LTPD SIZE FIELDS YEAR ROUND • OPTIONAL PARTICIPATION IN INTER-PROVINCIAL TOURNAMENTS OUTDOOR SPECIFICS (APPLIES TO PREMIER ONLY) • 3:1 RATIO OF TURF:GRASS • HOME & AWAY GAMES • U15-U17: 3 PERSON REFEREE CREWS (*DEPENDENT ON REFEREE AVAILABILITY)
JULY - AUG	SUMMER BREAK & SKILLS TRAINING	• 6 WEEK COMPETITIVE SEASON GAME BREAK • WEEKDAY CLUB SKILLS TRAINING & INTERCLUB FESTIVAL PLAY DAYS INCLUDED FOR U9-U17 • TEAM SPECIFIC MSA CUP TRAINING • TEAM TRAVEL ENCOURAGED • PERSONAL HOLIDAYS ENCOURAGED